



PLATOS *Puerto Rican Cuisine & Bar*



PLATOS
RESTAURANT & CATERING
SERVICES

787-791-7474

www.platosrestaurant.com

TABLE OF CONTENT

Corporate Meeting Package
3 to 10

Lunch-Dinner Service (buffet style)
11 to 22

Theme Buffets 23
to 28

Appetizers Trays' 29
to 31

MEETING PACKAGE # 1

BREAKFAST BUFFET

Freshly brewed Puerto Rican Coffee &
Decaffeinated Coffee

Orange and Pineapple Juice &
Purified Water

Ham-Cheese Omelette

Scrambled Eggs

Bell Peppers, Mushrooms, Onion Sauté

Pork Sausage, Bacon Strips

Assorted Pastries, Bagels & Toast

Butter, Cream Cheese, Marmalade

.....

MORNING BREAK

Freshly brewed Puertorican Coffee &

Decaffeinated Coffee

Assorted Soft drinks & Purified Water

Assorted Pastries

.....

LUNCH

Make Your Own Sandwich

Salami-Turkey-Ham-Bologna-Tuna

American, Cheddar & Swiss Cheese

Tomato-Lettuce-Onion-Pickles

Butter-Mayonnaise-Mustard-Ketchup

Soft Rolls

Potato Salad

or

Tropical Fruit Salad

Romaine Lettuce with Passion Fruit Vinaigrette

or

Coleslaw salad

Assorted Soft drinks & Purified Water

.....

AFTERNOON BREAK

Puertorican Platter...

...a medley of mini turnovers "alcapurrias-bacalaitos-pastelillos-sorullitos"

Assorted Soft drinks, & Purified Water

Freshly Brewed Puertorican Coffee & Decaffeinated Coffee

MEETING PACKAGE # 2

BREAKFAST BUFFET

Freshly brewed Puertorican Coffee &
Decaffeinated Coffee

Orange, Pineapple Juice & Purified Water

Spanish Tortilla

Banana Pancakes or French Toast

Pork Sausage, Bacon Strips

Assorted Pastries, Bagels & Toast

Butter, Cream Cheese, Marmalade

.....

MORNING BREAK

Freshly Brewed Puerto rican Coffee
Decaffeinated Coffee

Assorted Soft drinks, Purified Water

Fresh Cookies

.....

LUNCH

Plantain Chicken Soup

Bacon Wrapped Chicken Breast
Stuffed with Sweet Plantains & Glazed with our Creamy Garlic Sauce

Accompaniments

with

Sauté Baby Potatoes

Tropical Fruit Salad with Passion Fruit Vinaigrette

Dessert

Crème Caramel
Assorted Soft Drinks, Purified Water

.....

AFTERNOON BREAK

Chicken Cracklings Platter...
...crunchy pieces of marinated chicken, fried and served with
green plantains & guava BBQ sauce
Assorted soft drinks & Purified Water
Freshly Brewed Puerto rican Coffee
Decaffeinated Coffee

.....

MEETING PACKAGE # 3

BREAKFAST BUFFET

Freshly Brewed Puertorican Coffee &
Decaffeinated Coffee

Orange, Pineapple Juice & Purified Water

Poach Eggs
(bearnesa Sauce)

Hard-Boiled Eggs

Assorted Cold Cuts
(turkey-pork ham-roastbeef)

Assorted Pastries, Bagels & Toast

Butter, Cream Cheese, Marmalade

.....

MORNING BREAK

Freshly brewed Puertorican Coffee &
Decaffeinated Coffee

Assorted Soft drinks & Purified Water

Assorted Pastries, Cookies & Quesitos

.....

LUNCH

Lasagna with beef or Chicken

Accompaniments

Ripe Sweet Plantains

Tomato & Romaine Lettuce Salad with Balsamic Vinaigrette

Cream of Broccoli

Dessert

Guava Cheese Cake

Assorted Soft Drinks & Purified Water

....

AFTERNOON BREAK

Hummus Platter...

...served with blanched carrots & celery in julienne cut

Fried Puertorican White Cheese Brochettes

with Guava-Coconut Glaze

Assorted Soft drinks, & Purified Water

Freshly Brewed Puertorican Coffee

Decaffeinated Coffee

.....

MEETING PACKAGE # 4

BREAKFAST BUFFET

Freshly brewed Puertorican Coffee &

Decaffeinated Coffee

Orange & Pineapple Juice & Purified Water

Assorted Mini-Sandwiches
(chicken breast-roasted pork-tuna)

Hot Cereal
(maizena-corn-oats-farina)

Assorted Pastries, Bagels & Toast

Butter, Cream Cheese, Marmalade
.....

MORNING BREAK

Freshly brewed Puertorican Coffee &
Decaffeinated Coffee

Assorted Soft drinks & purified Water

Assorted Pastries, Cookies & Quesitos
.....

LUNCH

A Juicy Grilled Skirt Steak

in mango-chimichurri glaze

or

Grilled Chicken Breast
in puertorican creole sauce

Accompanied with

Baby Red potatoes in Butter Garlic Sauce

Caesar Salad

“Yautia-Cilantro” Cream

Chocolate Mousse with Raspberries

AFTERNOON BREAK

Assorted Muffins

Tri-Color Chips

(with roasted bell peppers dip)

Assorted Soft drinks & Purified Water

Freshly Brewed Puertorican Coffee &

Decaffeinated Coffee

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LUNCH-DINNER SERVICE
BUFFET STYLE

MENU

.....

Soup

PUMPKIN

....

Salad

COMBINE SALAD

caramelized onions-fresh mango
spinach, broccoli,romaine lettuce
tomato, bell peppers
blue cheese-walnuts
in balsamic vinaigrette

....

Entrees

KING PRAWN

langostinos
in walnut orange sauce

...

NY CUT STEAK

in home made steak sauce

...

BACON WRAP CHICKEN BREAST

in white garlic sauce

...

CILANTRO -HAM RICE

...

Desserts

AMARETTO FLAN

MENU

.....

Soup

GREEN PLANTAIN

.....

Salad

ROASTED BELL PEPPERS

over spinach-tomato-asparragus & nuts
in mango-balsamic vinaigrette

.....

Entrees

GRILLED DUCK BREAST

in orange-ginger honey glaze

FILET MIGNON

in mushrooms beurre rouge

...

HALIBUT FILET

in ground herbs crust

...

ALBORIO RICE-"PASTELÓN"

with chicken breast dice
& parmesan cheese

...

Desserts

guava-coconut cheese cake

MENU

.....

Soup

Minestrone

....

Salad

Fresh Asparragus, Tomato, Spinach & Potato

....

Entrees

Braised Ribeye
in thyme-marsala sauce

Onion-Pepper Chicken Breast Strips
Au jus

...

Sea Food-Lobster Paella

...

Desserts

Mint Flan

MENU

.....

Soup

Yautia Cream

.....

Salad

AVOCADO SALAD

tomatoes, asparagus romaine lettuce
shredded cheese & walnuts
with balsamic vinaigrette

.....

Entrees

WHOLE BAKED POTATO

filled with shrimps-saffron compote
gruyere au gratin

FILLET MIGNON

in marsala-thyme

...

ROASTED TURKEY
in honey mustard sauce

....

BELL PEPPERS
RICE

...

Desserts

PIÑA COLADA FLAN

MENU

.....

Soup

Roots Crops & Herbs
vegetales y viandas frescas

....

Salad

Tropical Fruit Salad with Passion Fruit Vinaigrette
Lechuga romana-frutas frescas y nueces

....

Entrees

Braised Pork Loin
with guava-coconut sauce

Grilled Chicken Breast
in puertorrican creole sauce sauce

...

Snapper Fillet
sautéed in butter-capers & black olives

...

Black Beans Rice
arroz congrí

...

Desserts
Mango Cheesecake

MENU

.....

Soup

"SANCOCHO PRIETO"
beef-pork

.....

Salad

COMBINE SALAD
caramelized onions-fresh pears
spinach, broccoli, romaine lettuce
tomato, bell peppers

blue cheese-walnuts
in balsamic vinaigrette

.....

Entrees

BABY LAMB CHOPS
on cheakpeas-mushrooms bed
with balsamic reduction

...

HALIBUT FILET
in shrimps-saffron compote

...

BACON WRAP CHICKEN BREAST
filled with spinach
in white garlic sauce

...

VEGETABLE RICE
mushrooms-bell peppers-onions-broccoli
chickpeas-black olives

...

Desserts

CHEESE FLAN

MENU

.....

Soup

BLACK BEAN
parsley & onions - side

.....

Salad

SPINACH SALAD

caramelized onions-fresh pears
blue cheese-walnuts
in balsamic vinaigrette

....

Entrees

"PALOMILLA" STRIPS

bell peppers-onions sauté

...

CHICKEN BREAST

a la milanese

...

"PASTELÓN"

LOBSTER-SHRIMPS

in carbonara

....

WILD ALMOND RICE

...

Desserts

CHOCOLATE-STRAWBERRY
MOUSSE

Bacon Wrapped Chicken Breast

Stuffed with Sweet Plantains and
Glazed with our Creamy Garlic Sauce

Accompanied with
Sauté Baby Potatoes
Tropical Salad with Passion Fruit Vinaigrette
Plantain Chicken Soup

Crème Caramel

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Pork Stew in Rosemary Sauce

Accompanied with

Puertorrican Rice with green pigeon peas
Julienne Vegetables mix in Garlic Butter Sauce
Vegetables Soup

Guava Cheese Cake

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Puertorrican "Sancocho"

Accompanied with
Mediun Grain White Rice
Cherry Tomatoes-Cilantro Salad

Garlic Bread

Coconut "Tembleque" with Berries

.....

Paella Marinera

Accompanied with
Fried Sweet Plantains

Fresh Tropical Salad
"Frutti di Mare" Soup

Garlic Bread
Almond Custard

.....

Lasagna/w Beef or Chicken

Accompanied with

Ripe Sweet Plantains

Tomato & Lettuce Salad/w Balsamic Vinaigrette

Cream of Broccoli

Cheese Crème Caramel

.....

Skirt Steak-(Churrasco)

in mango-chimichurri glaze

Accompanied with

Baby Red potatoes in Butter Garlic Sauce

Caesar Salad

“Yautia-Cilantro” Cream

Chocolate Mousse with Raspberries

.....

LUNCH BOXES

HOME MADE SANDWICHES

pork ham-salami-swiss cheese
shredded cabbage
roasted bell pepper dip

or

shreded roasted chicken breast strips
onion sauté

or

roastbeef-swiss cheese-mustard

or

shredded roasted pork leg-tomato slice

....

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INCLUDES

fresh fruit cocktail
sweet cookie &
two chicken or pork ham - croquettes

.....

THEME BUFFETS

All Buffets includes – Rolls, Butter, Freshly Brewed Coffee

Italian Buffet

SOUP

Minestrone

SALADS

Fusilli Pasta Salad with Homemade Italian Vinaigrette
Spinach-Tomato – Mozzarella with Balsamic Vinaigrette

ENTRÉES

Penne Pasta with Tender Chicken Strips in Pomodoro Sauce
Basil Mashed Potatoes

DESSERTS

Mousse di Cioccolata

.....

Mexican Buffet

SOUP

Tortilla Soup

SALAD

"Pico de Gallo"- Avocado

ENTREES

Make your own Taco

Chicken, Beef or Shrimps
with Lettuce, Dice Tomatoes & Cheese
Refried Beans & Guacamole

Cilantro Rice

DESSERTS

"Tres Leche"

.....

BBQ Country Buffet

Soup

Black Bean Soup with Cilantro and Tomato Concasse

Salads

Fresh Fruit Salad
Traditional Caesar Salad

From the Grill

Grilled Marinated "Churrasco" with Mango Chimichurri
BBQ-Guava Chicken Wings
Corn in the Cob
Baked Potatoes

Desserts

Carrot Cake

.....

SPANISH BUFFET

Soup

"Caldo Gallego" or Gazpacho Andalucia

Salad

Spanish Style Mixed Salad with Asparagus & Peppers
Mixed Seafood Salad with Shrimp, Octopus, Squid and Mussels

Entree

Pan Seared Halibut in White Grapes Sauce
Spanish Seafood Paella
Roasted Veal Loin in Wild Mushroom Lemon Au Jus
Mashed Potatoes
Saffron Rice
Sautéed Mushrooms

Desserts

Tres Leches
"Natilla"
.....

PUERTORICAN BUFFET

Soup

Plantain Soup

Salad

Potato Salad

"Guineitos en Escabeche"

Tropical Fruit & Lettuce Salad in Passion Fruit Vinaigrette

Entrees

Roasted Pig Leg

Meat "Pastelón"

Blood Sausage/"Morcilla"

"Yuca Pasteles"

Roasted Breast of Turkey

Rice with Pigeon Peas or White Rice with Pink Beans

Fried Ripe Plantains

Desserts

Coconut Custard/"Tembleque"

"Arroz con Leche"

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Optional

Whole Pig on a Pit Station for 75 Guests with this Buffet Selection.

Chef for Carving-Included

APPETIZERS TRAYS

ALL APPETIZERS SERVED IN TRAYS

APPETIZERS

Served in Trays

Bacon Wrap Chicken Breast Rings

filled with sweet plantains or sweet potato & spinach

.....

Skirt Steak Brochette

in balsamic-guava sauce

.....

Fried Chicken Parts

with puertorrican creole sauce

.....

Mini-Fritters

bacalaitos- chicken & beef turnovers-croquettes

fried white cheese-chicken fingers

with guava-coconut sauce

.....

Mini-Sandwiches

turkey-pork ham-roast beef-tuna

bell peppers dip

.....

RED SNAPPER FILET NUGGETS

in lemon zest sauce

.....

CROQUETTES

cod fish-pork ham-serrano ham & chicken

.....

FRIED CHEESE BROCHETTES

guava-coconut glaze

.....

"MINI-PIONONITOS"

shrimps & beef

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